


# Real World Parenting: Course Syllabus



## Real World Parenting

### COURSE DESCRIPTION:

The process of parenting is more than just having a child and making sure they eat, sleep and get to school on time. Learn what to prepare for, what to expect, and what vital steps a parent can take to create the best environment and life for their child. Parenting roles and responsibilities; nurturing and protective environments for children; positive parenting strategies and effective communication in parent/child relationships are some of the topics covered in this course.

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### *Unit 1: The World Of Parenting*

#### **Objectives:**

Upon completion of this unit, you will be able to:

- \* **Discuss what it means to be a parent.**
- \* **Understand the roles and responsibilities of being a parent.**
- \* **Analyze the costs and rewards of parenthood.**
- \* **Compare different parenting philosophies.**
- \* **Describe the qualities that make a person a good candidate for parenthood.**

### ASSIGNMENTS:

The World Of Parenting: Unit Text Questions	<i>Homework</i>	10 points
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The World Of Parenting: Online Real World Parenting Lab Questions	<i>Homework</i>	10 points
Unit 1 Discussion Assignment 1	<i>Discussion</i>	5 points
Unit 1 Discussion Assignment 2	<i>Discussion</i>	5 points
Unit 1 Quiz – The World Of Parenting	<i>Quiz</i>	15 points

### *Unit 2: Self-Esteem & Child Development*

#### **Objectives:**

Upon completion of this unit, you will be able to:

- \* **Define self-esteem.**
- \* **List characteristics of a person with high self-esteem and a person with low self-esteem.**
- \* **Understand the self-esteem needs of children at different stages of development.**
- \* **Identify factors that raise and diminish a person's self-esteem.**
- \* **Understand ways in which parents influence a child's self-esteem.**

#### **ASSIGNMENTS:**

Self-Esteem & Child Development: Unit Text Questions	<i>Homework</i>	10 points
Self-Esteem & Child Development: Online Real World Parenting Lab Questions	<i>Homework</i>	10 points
Unit 2 Discussion Assignment 1	<i>Discussion</i>	5 points

Unit 2 Discussion Assignment 2	<i>Discussion</i>	5 points
Unit 2 Quiz – Self-Esteem & Child Development	<i>Quiz</i>	15 points

### *Unit 3: Environments for Children*

#### **Objectives:**

Upon completion of this unit, you will be able to:

- \* **Define "protective environment" and "nurturing environment."**
- \* **Discuss the kinds of nurturing and support children need at different ages.**
- \* **Identify abuse and other potential impediments to creating a nurturing environment.**
- \* **Describe strategies for nurturing special needs children.**
- \* **Understand how to choose appropriate childcare.**

#### **ASSIGNMENTS:**

Environments for Children: Unit Text Questions	<i>Homework</i>	10 points
Environments for Children: Online Real World Parenting Lab Questions	<i>Homework</i>	10 points
Unit 3 Discussion Assignment 1	<i>Discussion</i>	5 points
Unit 3 Discussion Assignment 2	<i>Discussion</i>	5 points

**Unit 3 Quiz – Environments for Children**
*Quiz*

15 points

***Unit 4: Positive Parenting***
**Objectives:**

Upon completion of this unit, you will be able to:

- \* **Understand what positive parenting means.**
- \* **Define punishment, discipline, and guidance.**
- \* **Discuss how positive parenting can be used with children of different ages.**
- \* **Understand the use of consequences in positive parenting.**
- \* **Know the resources available to parents and where to find them.**

**ASSIGNMENTS:**

Positive Parenting: Unit Text Questions	<i>Homework</i>	10 points
Positive Parenting: Online Real World Parenting Lab Questions	<i>Homework</i>	10 points
Unit 4 Discussion Assignment 1	<i>Discussion</i>	5 points
Unit 4 Discussion Assignment 2	<i>Discussion</i>	5 points
Unit 4 Quiz – Positive Parenting	<i>Quiz</i>	15 points

**Real World Parenting Midterm Exam****Objectives:**

Upon completion of this unit, you will be able to:

- \* **Review information acquired and mastered from this course up to this point.**
- \* **Take a course exam based on material from the first four units in this course (Note: You will be able to open this exam only one time.)**

**ASSIGNMENT:**

<b>Real World Parenting Midterm Exam</b>	<i>Exam</i>	<b>50 points</b>
<b>Midterm Discussion Assignment</b>	<i>Discussion</i>	<b>5 points</b>

**Unit 5: Parent-Child Relationships****Objectives:**

Upon completion of this unit, you will be able to:

- \* **Discuss communication and what makes communication effective.**
- \* **Describe the differences between negative and positive communication.**
- \* **Consider how to talk with children about their mistakes through positive communication.**
- \* **Discuss some of the social issues that affect families.**
- \* **Consider how parents can talk to their children about difficult issues.**

**ASSIGNMENTS:**

<b>Parent-Child Relationships: Unit Text Questions</b>	<i>Homework</i>	<b>10 points</b>
<b>Parent-Child Relationships: Online Real World Parenting Lab Questions</b>	<i>Homework</i>	<b>10 points</b>

Unit 5 Discussion Assignment 1	<i>Discussion</i>	5 points
Unit 5 Discussion Assignment 2	<i>Discussion</i>	5 points
Unit 5 Quiz – Parent-Child Relationships	<i>Quiz</i>	15 points

### *Unit 6: Family Diversity*

#### **Objectives:**

Upon completion of this unit, you will be able to:

- \* **Discuss family composition and some factors that influence this aspect of family life.**
- \* **Examine the different types of families.**
- \* **Discuss the history of Western families and how family practices have changed over time.**
- \* **Consider multicultural families and the advantages and challenges that they face.**
- \* **Discuss how parents can help their families adapt to a new culture or area.**

#### **ASSIGNMENTS:**

Family Diversity: Unit Text Questions	<i>Homework</i>	10 points
Family Diversity: Online Real World Parenting Lab Questions	<i>Homework</i>	10 points
Unit 6 Discussion Assignment 1	<i>Discussion</i>	5 points

Unit 6 Discussion Assignment 2	<i>Discussion</i>	5 points
Unit 6 Quiz – Family Diversity	<i>Quiz</i>	15 points

### ***Unit 7: Leadership & Organizational Skills***

#### **Objectives:**

Upon completion of this unit, you will be able to:

- \* **Learn about youth organizations and their benefits.**
- \* **Find examples of youth organizations and their purposes.**
- \* **Discuss the benefits of volunteering with the community.**
- \* **Define personal development and growth.**
- \* **Examine how parents can help children with personal development.**

#### **ASSIGNMENTS:**

Leadership & Organizational Skills: Unit Text Questions	<i>Homework</i>	10 points
Leadership & Organizational Skills: Online Real World Parenting Lab Questions	<i>Homework</i>	10 points
Unit 7 Discussion Assignment 1	<i>Discussion</i>	5 points
Unit 7 Discussion Assignment 2	<i>Discussion</i>	5 points
Unit 7 Quiz – Leadership & Organizational Skills	<i>Quiz</i>	15 points

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### **Unit 8: Trends & Science in Parenting**

#### **Objectives:**

Upon completion of this unit, you will be able to:

- \* **Learn more about brain development in children.**
- \* **Discuss some ways that parents can encourage brain development.**
- \* **Examine how parents can use technology.**
- \* **Learn about some of the advances in assistive technology and devices.**
- \* **Consider the benefits of assistive technology.**

#### **ASSIGNMENTS:**

<b>Trends &amp; Science in Parenting: Unit Text Questions</b>	<i>Homework</i>	10 points
<b>Trends &amp; Science in Parenting: Online Real World Parenting Lab Questions</b>	<i>Homework</i>	10 points
<b>Unit 8 Discussion Assignment 1</b>	<i>Discussion</i>	5 points
<b>Unit 8 Discussion Assignment 2</b>	<i>Discussion</i>	5 points
<b>Unit 8 Quiz – Trends &amp; Science in Parenting</b>	<i>Quiz</i>	15 points

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### **Real World Parenting Final Exam**

#### **Objectives:**

Upon completion of this unit, you will be able to:



- \* Review information acquired and mastered from this course up to this point.
- \* Take a course exam based on material from units five to eight in this course – the last four units. (Note: You will be able to open this exam only one time.)

**ASSIGNMENT:**

Real World Parenting Final Exam	<i>Exam</i>	50 points
Class Reflection Discussion Assignment	<i>Discussion</i>	10 points