

# Syllabus

## Psychology, Semester B

### Course Overview

This one-semester course is intended for you to familiarize yourself with various theories of psychology and analyze human behavior. This course has 12 lessons and 5 Course Activities. Each lesson contains one or more Lesson Activities.

In Psychology, Semester B, you will explain the established theories of cognitive, psychosocial, and moral development. You will identify the factors that influence interpersonal relationships, discuss the origins and effects of violence, and analyze addictive behavior. You will analyze abnormal behavior and describe different types of psychological disorders. You will trace the history of psychological counseling and therapy and examine strategies used for problem solving and coping with stress. You will explain some key statistical concepts used in psychological research and testing, and explore career opportunities in psychology.

Your teacher will grade your work on the Course Activities, and you will grade your work on the Lesson Activities by comparing them with the given sample responses. The Course Activities (submitted to the teacher) and the Lesson Activities (self-checked) are major components of this course. There are other assessment components, namely the mastery test questions that feature along with the lesson and an end-of-semester test. These tests are a combination of simple multiple-choice questions and technology-enhanced (TE) questions.

### Course Goals

By the end of this course, you will be able to do the following:

- Explain established theories of cognitive, psychosocial, and moral development.
- Examine behavioral and social learning theories.
- Discuss the origins and effects of violence.
- Analyze addictive behavior and discuss the issues related to addiction.
- Describe and compare the different types of psychological disorders.
- Identify strategies used for and obstacles associated with problem solving and decision making.
- Examine cognitive and behavioral strategies used to deal with stress.
- Describe statistical concepts used in psychological research and testing.

- Discuss different subfields and career opportunities in psychology.

## General Skills

To participate in this course, you should be able to do the following:

- complete basic operations with word-processing software such as Microsoft Word or Google Docs
- perform online research using various search engines and library databases
- communicate through email and participate in discussion boards

*For a complete list of general skills that are required for participation in online courses, refer to the Prerequisites section of the Plato Student Orientation document, found at the beginning of this course.*

## Credit Value

Psychology, Semester B is a 0.5-credit course.

## Course Materials

- computer with Internet connection and speakers or headphones
- Microsoft Word or equivalent
- Microsoft Excel or equivalent

## Course Pacing Guide

This course description and pacing guide is intended to help you keep on schedule with your work. Note that your course instructor may modify the schedule to meet the specific needs of your class.

Day	Activity/Objective	Type
1 day: 1	<b>Syllabus and Plato Student Orientation</b> <i>Review the Plato Student Orientation and Course Syllabus at the beginning of this course.</i>	Course Orientation
6 days: 2–7	<b>Cognitive, Psychosocial, and Moral Development Theories</b> <i>Explain established theories of cognitive, psychosocial, and moral development.</i>	Lesson

Day	Activity/Objective	Type
5 days: 8–12	<b>Behavioral and Social Theories</b> <i>Examine behavioral and social learning theories.</i>	Lesson
1 day: 13	<b>Thwack-A-Mole</b>	Game
1 day: 14	<b>Course Discussion 1</b>	Course Discussion
3 days: 15–17	<b>Course Activity 1</b>	Course Activity
5 days: 18–22	<b>Interpersonal Relationships</b> <i>Examine various factors that influence interpersonal relationships.</i>	Lesson
5 days: 23–27	<b>Violence</b> <i>Analyze the origins and effects of violence.</i>	Lesson
3 days: 28–30	<b>Course Activity 2</b>	Course Activity
5 days: 31–35	<b>Addiction</b> <i>Analyze addictive behavior and discuss the issues related to addiction.</i>	Lesson
1 day: 36	<b>Course Discussion 2</b>	Course Discussion
5 days: 37–41	<b>Psychological Disorders</b> <i>Describe and compare the different types of psychological disorders.</i>	Lesson
1 day: 42	<b>Para Jumble</b>	Game

<b>Day</b>	<b>Activity/Objective</b>	<b>Type</b>
5 days: 43–47	<b>Abnormal Behavior</b> <i>Describe abnormal behaviors and their characteristics.</i>	Lesson
6 days: 48–53	<b>Psychological Counseling and Therapy</b> <i>Discuss the effectiveness of past and present methods of therapy.</i>	Lesson
1 day: 54	<b>Space Jumble</b>	Game
3 days: 55–57	<b>Course Activity 3</b>	Course Activity
5 days: 58–62	<b>Problem Solving and Decision Making</b> <i>Identify strategies used for and obstacles associated with problem solving and decision making.</i>	Lesson
1 day: 63	<b>Course Discussion 3</b>	Course Discussion
5 days: 64–68	<b>Stress Management</b> <i>Discuss cognitive and behavioral strategies used for dealing with stress.</i>	Lesson
1 day: 69	<b>Thwack-A-Mole</b>	Game
3 days: 70–72	<b>Course Activity 4</b>	Course Activity
5 days: 73–77	<b>Statistics and Testing</b> <i>Explain statistical concepts used in psychological research and testing.</i>	Lesson
1 day: 78	<b>Course Discussion 4</b>	Course Discussion

Day	Activity/Objective	Type
5 days: 79–83	<b>Career Opportunities in Psychology</b> <i>Explore different subfields and career opportunities in psychology.</i>	Lesson
1 day: 84	<b>Space Jumble</b>	Game
1 day: 85	<b>Course Discussion 5</b>	Course Discussion
3 days: 86–88	<b>Course Activity 5</b>	Course Activity
1 day: 89	<b>Semester Review</b>	
1 day: 90	<b>End-of-Semester Test</b>	Assessment